

Vikes Spring Skills Camp

Presented by: University of Victoria Vikes Men 's Basketball

Training and improving your game doesn't stop in the Winter. In fact it's the Club and off-season where you can really see some positive on-court results. The Vikes Spring Skills Camp is designed for players of all levels that are serious about their on-court development. This camp is a recommended precursor leading up to Jr. Vikes Club and Basketball BC Spring/Summer teams; designed for boys **ages 11-17**. Skills Camp will cover all the key development areas that every player needs to succeed in the game; from dribbling and shooting fundamentals to passing, man to man pressure, defensive and offensive moves, footwork, screening, rebounding, one on one moves, fitness and stamina.

- All session times are from 5pm to 7pm
- Dates of Skills Camp: March 30th, April 6th, 13th, 15th, 20th, 22nd, & 27th



University of Victoria

Registration deadline is March 26th, 2011.
Please complete the registration form @
govikesgo.com and return/email to
Janine Prince: email - jlprince@uvic.ca

Skills Camp Organizer:
Craig Behan
Phone: 250.721.7588
E-mail:
cbehan@uvic.ca



www.govikesgo.com



Vikes Skills Camp
Participant Registration Form



Athlete's First Name: _____ Athlete's Last Name: _____

Address: _____ Province: _____ Postal Code: _____

City: _____ Email: _____

Date of Birth: _____ Gender: M F Care Card Number: _____

School: _____ Current Team(s): _____

Parent/Guardian Name: _____ Phone #: _____ Phone #: _____

Parent/Guardian Name: _____ Phone #: _____ Phone #: _____

Emergency Contact: _____ Phone #: _____ Phone #: _____

Parent/Guardian Signature: _____ Date: _____

Please send Sign Up Form and a \$120 + HST (12%) Cheque = \$134.40 (Payable to the University of Victoria) to:

Janine Prince – McKinnon Room 179
University of Victoria PO BOX 3015 STN CSC
Victoria, BC V8V 3P1
Phone: 250-472-4772 Fax: 250-721-8956